

# East Hampton events

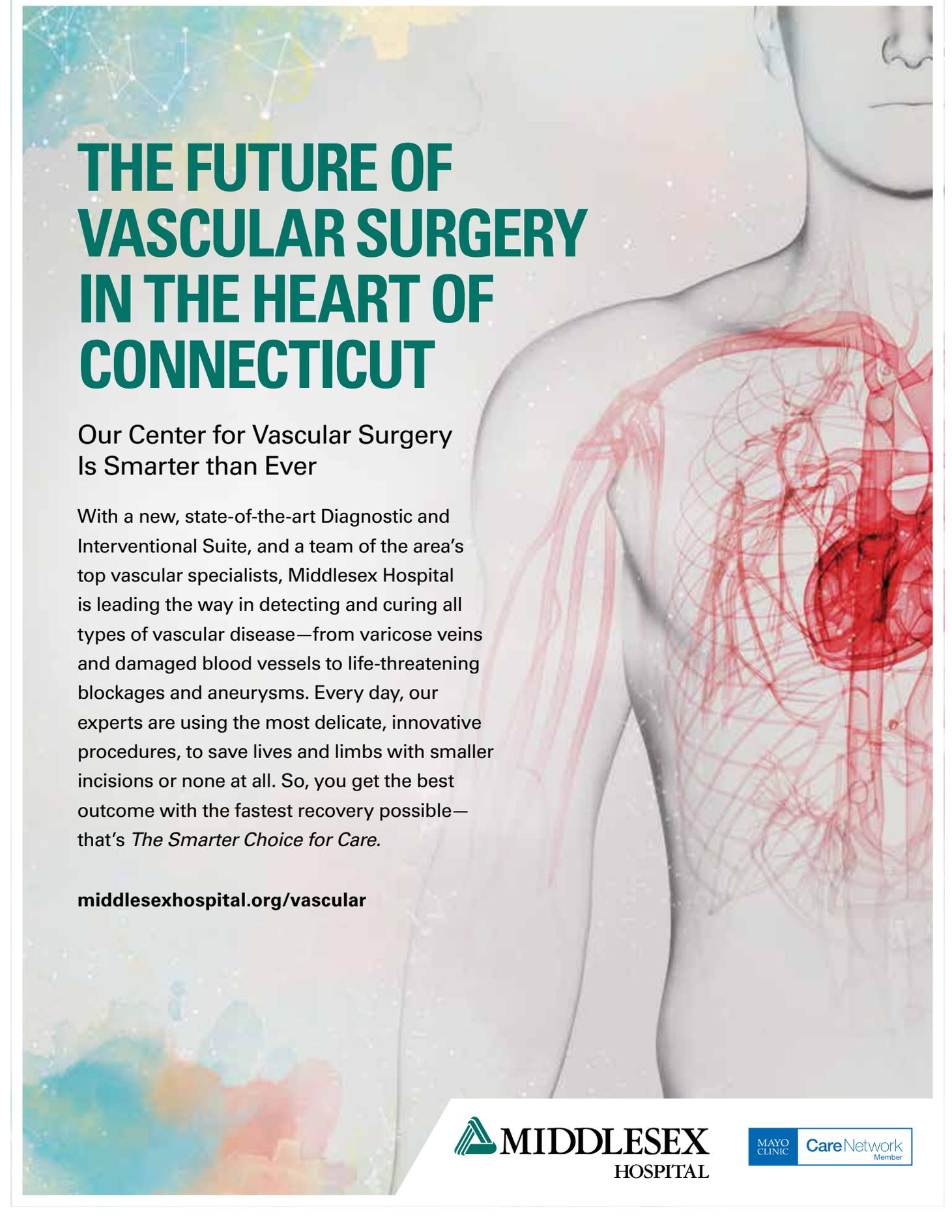
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## Town Manager's Corner

Dear Residents,

With the middle of winter upon us, Town staff are hard at work preparing the coming year's budget. The Town Council has approved their Budget Policy Statement and that guidance has been provided to each department. The Town receives approximately 20% of its revenue from the State of Connecticut. With the challenging fiscal scenario at the State we are hard at work exploring all options to make up

the difference in this lost revenue that will impact you the least. Our Town budget and the process it goes through is the most direct form of democracy and I recommend every resident be involved early and often throughout the process. I look forward to working with all of you to create a budget that will continue to provide the services we enjoy that make East Hampton a great place to live.



Michael Maniscalco  
Town Manager

## Celebrating the Town at 250



Well, it's here - 2017, the town's 250th year and we've been planning for it for awhile. In anticipation of this anniversary, a lot of groundwork has already been done. A celebration committee has been formed. The town created a website, EH250.org, that is a warehouse of information. On the site

it has a photo gallery with a lot of historic pictures donated by the Chatham Historical Society, the East Hampton Library and others that chronicle the town's years in photos. Viewers can see the

evolution of East Hampton over time, how the lake has changed and how the march toward progress has transformed the landscape. The site also has a history section where residents and friends can share their remembrances. It has a calendar of events that lists upcoming programs of what is occurring, what's in the future and a recap of past events.

Of great interest on EH250.org is the merchandise section, which offers supporters wanting memorabilia an opportunity to purchase items specific to the 250th anniversary. Prime among **continued on page 2**

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# events

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**COVER PHOTO**

*Clearwater Lodge*

Photo: Chatham Historical Society

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these is the anniversary clock which offers residents and town supporters the ability to engrave their names on the town clock. The Village Clock will be a fitting tribute to the town built to last decades. It will be an instant focal point, a brilliant addition to our historic downtown soon to be an iconic structure in the village. It is the hope that this attractive monument will boost interest in the various merchants that do business in the center.

Among the activities happening in 2017 in celebration are some unique and different activities. One activity for residents is signing or graffiti of the town birthday card. The card will travel the schools, the Senior Center and the Town Hall collecting signatures and artwork from as many residents as possible. The card will travel to these various locations and will have its final display at Old Home Day.

Coming in the fall is a craft beer and food festival - an East Hampton version of Oktoberfest where micro-brewers and specialty food vendors from around Connecticut gather for one joyous afternoon to celebrate the 250th anniversary. This event is followed by a gala dinner in November that will celebrate the anniversary in a slightly more refined atmosphere but no less joyful.

**continued on page 4**

# East Hampton Area Eateries

## The Dublin Beef & Seafood Company



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# Support Your Local Restaurants

# EAT OUT OFTEN!

## Town at 250... continued from page 2



In between all these activities and more are functions sponsored by numerous clubs and organizations that will be celebrating the anniversary in their own special ways. The hope is that all private and public events will be found on the anniversary website- EH250.org. This is the go-to site for nostalgia, current events and listings of what's happening. 2017 is shaping up to be a fun time to remember and celebrate.

Josh Piteo  
East Hampton 250th Anniversary Committee Chairman

## East Hampton Youth & Family / Social Services

East Hampton Youth and Family Services, located at 240 Middletown Avenue, is focused on providing quality services to our local youth and their families. Services include individual therapy, couples therapy, family therapy and crisis intervention. All services are provided at no cost for town residents. We are currently accepting new clients, and have both weekday and weekend appointments available. In addition, prevention programming is coordinated with town departments and community based groups. The goal of each of these programs is to help young people foster healthy and positive habits while reducing high-risk behaviors. These programs capitalize on strengths, build character, and provide the necessary skills for

adulthood. For more information or to schedule an appointment, please contact Jodi Brazal or Meggan Bartek at 860-267-7300.

East Hampton Social Services, located jointly with Youth and Family Services, is located in the rear of the Palmer Eye Center building on Route 16. The Social Services department provides need based services to the community in order to sustain or improve the quality of life. Services extend to helping people meet the basic human needs of food, shelter, clothing, and maintenance of health and well-being. Income eligibility is determined by a professional social worker. Most programs require an interview with a staff person. Proof of household income and residence in

## Events Presents ~ H2O Equipment Company

**We are Celebrating 50 Years!** H2O Equipment Company – East Hampton's oldest independently run water treatment company is celebrating 50 years! H2O, as the locals call it, was founded in 1967, well before cell phones and computers, by Raymond SR and his wife, Janet Frosti. "It's hard to believe I installed my first Water Softener 50 years ago," says Ray. "The water here can be terrible -with lots of iron, sulfur odor, hard water minerals, acid water, most families can't live with their well water."

Back then it was just Ray Sr. and one pickup truck servicing and installing water softeners and acid neutralizers. Now, with 12 employees, 5 service trucks and 1 water treatment exchange tank truck, they serve over 5,000 homes a year. His daughter, Janet "Jr" and Erica Courtney now run the company – making H2O one of the few women run residential water treatment companies in the Nation.

"Although the water problems themselves haven't changed much, the equipment to treat the problems is more technologically advanced," states Janet. With computer "smart boards" and sophisticated diagnostics, water treatment professionals really need to be part plumber, part chemist and part computer scientist. "We spend an incredible amount of time and resources in our training to ensure that our technicians are extremely well versed in today's water treatment field," says Erica.

H2O has not only grown in size but their services have also expanded from water softeners and neutralizers to specialized drinking water systems such as Reverse Osmosis, Ultraviolet Light for bacteria, submersible well pumps, emergency pump service, variable speed pumps to boost water pressure, radon, rental softeners and rental neutralizers, and portable exchange tanks. From the well to your home to your kitchen sink – they do it all.



Erica invites you to stop in and say hello. And as always, you can bring in your water for a FREE mineral, iron, hardness and acid water test – no appointment necessary. "We just ask that you don't put your water sample in an old pickle jar, just use a rinsed-out water bottle," says Erica. "The pickle juice can taint the sample!" Located on historic Route 66 East Hampton, just past Main Street, H2O looks forward to serving you over the next 50 years.

**H<sub>2</sub>O**  
equipmentcompany inc.  
[www.H2Oequipment.com](http://www.H2Oequipment.com)  
267-0110  
CT J1#279759

East Hampton will be required. Please call 860-267-7300 for an appointment and a list of required documents.

#### FOUR THINGS YOU CAN DO TO HELP SOCIAL SERVICES:

1. Buy and donate \$25 gas cards or MAT ride passes.
2. Help neighbors cope with emergency needs by making a donation to the Good Samaritan Fund of Social Services. All donations go directly to basic needs support of East

- Hampton families and special Social Services programs.
3. Provide financial assistance to the Community Fuel Bank. This fund helps our income-eligible residents with a one-time delivery of fuel when they have exhausted all other available resources.
4. Be on the look-out for seasonal programs, such as Bike Day (donate good, used bikes to the in spring), Back to School Clothes (mid to late summer) and holiday programs that help our residents enjoy special occasions.

## Multi-Family Support Group



PRESENTED BY: EAST HAMPTON YOUTH & FAMILY SERVICES

When: Sundays 1:30pm - 3:00pm

Dates: 2/5/17, 2/12/17, 2/19/17, 2/26/17, 3/12/17 & 3/19/17

Location: East Hampton Congregational Church, 59 Main Street

The Multi-Family Support Group is for families in the community to learn,

support, ask questions and receive answers from others who understand. Children are welcome and encouraged to attend.

Please R.S.V.P. to Jaimie at 860-213-0989 or email [maheujaimie@gmail.com](mailto:maheujaimie@gmail.com) or Meggan at 860-301-3915 or email [meg101dals@frontier.com](mailto:meg101dals@frontier.com) prior to the above dates.



Tamera "T.J." Jackson  
Owner & Team Member

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# Assessment Office



The office is finalizing the 2016 Grand List. The Grand List is the compilation of all taxable and tax exempt property – Real Property, Personal Property and Motor Vehicle. This process involves the maintenance of:

- \*920 personal property accounts
- \*6,200 real estate accounts
- \*14,000 regular motor vehicle accounts
- \*2,500 Supplemental Motor Vehicle accounts

## BOARD OF ASSESSMENT APPEALS

Applications for the Board of Assessment Appeals will be accepted between February 1 and February 20, only. The Board will schedule all hearings and notify appellants of the time, date, and location. Taxpayers must bring documentation demonstrating the value as of October 1, 2015 – the revaluation date. A retrospective market

value fee-simple appraisal is highly recommended.

Motor vehicles on the 2016 Motor Vehicle Supplemental list, which was billed in January 2017, may also be appealed at this time.

## STATE HOMEOWNERS AND TOTALLY DISABLED PROGRAM

It is time to re-apply for the Elderly and Totally Disabled tax relief Program for homeowners. The filing period is February 1, 2017 to May 15, 2017 and filing is done in the Assessor's office. The income limits to remain on the program are \$35,200 for a single person and \$42,900 for a married couple. This amount is the Adjusted Gross Income on your income tax return PLUS your 1099 Social Security.

At the time of application, you must bring your 2016 SSA 1099 (Social Security)

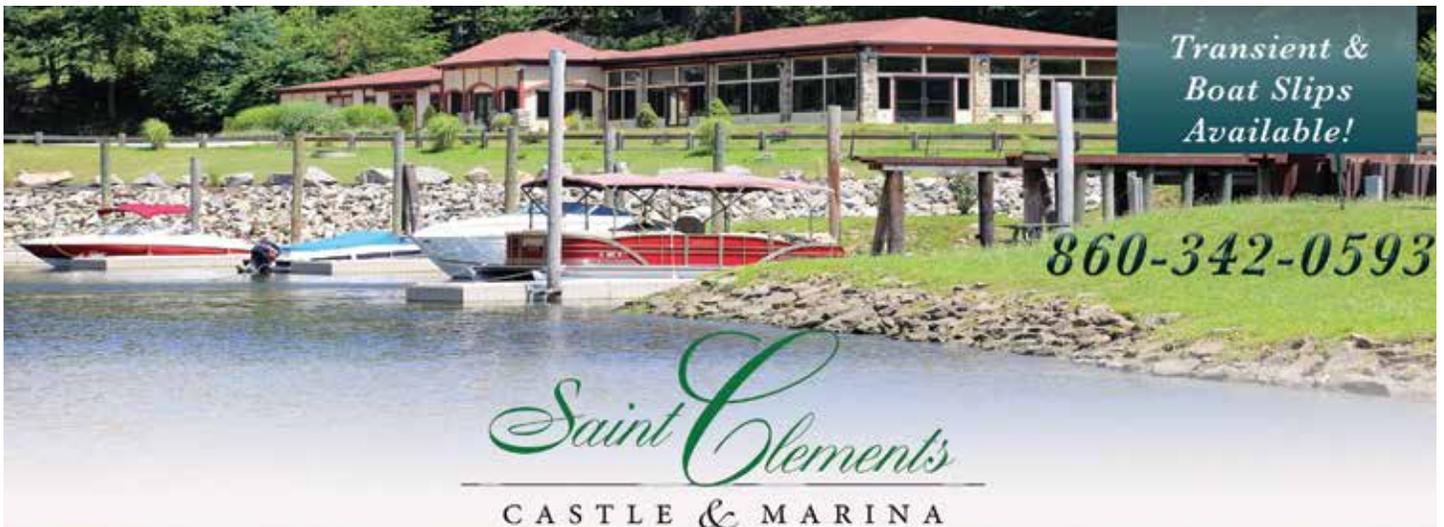
paperwork with you and if you file a Federal Tax return, you must also bring a copy of your completed 2016 tax return and all supporting documentation included with the return. If you are physically unable to appear in person, please call (860) 267-2510 and we will make arrangements to come to you.

Reminder, all applications must be received by May 15, 2017.

## REMINDERS

- 2/1/17 - Elderly & Totally Disabled Tax Relief Program opens
- 2/1/17 - Additional Veterans Application
- 4/1/17 - Renter's Rebate Application period begins

Applications are available at [www.easthamptonct.gov](http://www.easthamptonct.gov) or at the East Hampton Town Hall, 20 East High Street, East Hampton, CT 06424



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House Salad .....	\$6.95
Mixed greens with tomato,onions,cucumber and homemade croutons and cheddar jack cheese. + choice of Italian, Ranch, Peppercorn, Balsamic, Blue Cheese. Add Chicken, Salmon, Mahi or Shrimp for \$7.00 per item.	
Caesar Salad .....	\$6.95
Crisp romaine lettuce, parmesan cheese, tossed in caesar dressing with homemade croutons. + Add Chicken, Salmon, Mahi, Shrimp for \$7.00 per item.	
Hog Wings .....	\$10.95
3 large pork tender shanks served with ranch dressing.	
Chicken Wings .....	\$9.95
8 jumbo wings served with the dressing of your choice, celery and carrot sticks. Sauces are Hot, Mild, BBQ, Cajun, Garlic Parmesan, Honey BBQ, Teriyaki.	
Boneless Wings.....	\$9.95
Hand cut chicken tenders served with blue cheese dressing celery and carrot sticks. Sauces are Hot, Mild, BBQ, Cajun, Garlic Parmesan, Honey BBQ, Teriyaki.	
Sliders .....	\$8.95
3 handmade burgers,steamed burgesr,pulled pork or blt	
Quesadilla's .....	\$9.95
Chicken or steak or pulled pork. Served on a grilled flour tortilla smothered with monterey jack cheese served with sour cream and salsa.	

## THE MAIN FARE

Can You Say Cheese.....	\$6.00
Grilled white bread with american cheese. Add tomato,bacon or ham add \$.50.	
Dublin Blt.....	\$6.50
Toasted white bread loaded with bacon fresh tomato and lettuce finished with mayo.	
The Club House.....	\$9.25
Choice of turkey,roast beef,ham pilled high and topped with tomato,lettuce, bacon and cheese served on your choice of white or rye.	
The Highlander .....	\$9.25
Grilled chicken breast served on a bulky roll topped with lettuce,tomato and american cheese	
The Irishman.....	\$9.95
Extra lean corned beef with sauerkraut, swiss cheese and thousand island dressing served on grilled rye.	
Mahi Ruben .....	\$12.95
Grilled mahi with swiss cheese, thousand island dressing served on grilled rye	

Long Dog.....	\$6.95
Jumbo beef hot dog served on a toasted bun roll topped with cheese and your choice of relish or mustard. Ad chilli for \$.50.	
Pulled Pork.....	\$9.25
Tender bbq pulled pork served with monterey jack cheese and coleslaw on a bulky roll.	
The Ultimate Burger.....	\$9.50
An 8 oz hand pressed patty served with fresh tomato, lettuce and topped with american cheese and bacon. Served on a bulky roll.	
City Steam Burger .....	\$9.95
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Grilled Kielbasa Grinder .....	\$9.00
Smoked kielbasa grille and served on a grinder roll topped with sauerkraut and mustard. + Add choice of cheese for \$.50	
**All sandwiches come with a choice of fries, slaw, potato salad. Add onion rings for \$1.00.	

## TRADITIONS

Fillet Mignon .....	\$18.95
A 12 oz cut wrapped in bacon with your choice of grilled, blackened or teriyaki. + Choice of Baked Potato or Mashed, Choice of Vegetable.	
Grilled Rib Eye.....	\$16.95
Hand cut 12 ox rib eye steak grilled to perfection, choce or grilled, blackened or grilled teryaki + Choice of Baked Potato or Mashed, Choice of Vegetable.	
Twin Pork Chops .....	\$18.95
Two center cut chops grilled traditional or blackened. + Choice of Baked Potato or Mashed, Choice of Vegetable.	
Shepards Pie .....	\$13.95
Braised and seasoned beef with corn, topped with fresh mashed potato and backed to perfection.	
Baked Stuffed Sole.....	\$14.95
Two seafood stuffed filet of sole baked in a white wine and lemon butter sauce + Choice of Baked Potato or Mashed, Choice of Vegetable.	
Salmon Steak .....	\$14.95
Choice of grilled, blackened or teriyaki. + Choice of Baked Potato or Mashed, Choice of Vegetable.	
Mahi Mahi Steak .....	\$14.95
This grilled white fish can be blackened or grilled with a teriyaki glaze. + Choice of Baked Potato or Mashed, Choice of Vegetable.	
Chicken Fettuccine Alfredo .....	\$14.95
Soute'd chicken breast in hand crafted alfredo sauce and fettuccine.	
Chicken Picatta .....	\$14.95
Egg battered chicken breast in a white wine and caper sauce.	
Prime Rib Friday and Saturday.....	\$15.95
The very best of rib eye, roasted to perfection.	

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## The Office of the Collector of Revenue

Nancy Hasselman retired on December 23, 2016 and is enjoying the newest chapter in her life. Kristy Merrifield is the new Collector of Revenue; she is a Certified Connecticut Municipal Collector who has collected taxes in the Towns of Hebron, Colchester and Andover. The transition in the Office is progressing nicely; Melanie, Lisa and Kristy make a great team and are happy to answer any of your questions.

The Office is currently in the process of starting spring cleaning; we are following the Records Disposition Authorization form and with the permission of the Office of the Public Records Administrator we are cleaning out and getting rid of old files.

In February and March, the Office will be mailing delinquent reminder statements for real estate, personal property and motor vehicle tax bills. This will be a good time to pay any remaining balances before the next billing cycle begins. Remember you can pay online with ACH debit, debit card or credit cards payment methods at [www.easthamptonct.gov](http://www.easthamptonct.gov). You are always welcome to pay in person at the Town Hall, 20 East High Street, with cash or check. If you need motor vehicle clearance please visit the Office in person with a cash payment. The Connecticut DMV clearance site is up and running smoothly. This has eliminated paper releases as we are able to report directly to DMV in real time.

Please stop by and introduce yourself to Kristy.

## Town Clerk's Office

Did you know that the Town Clerk's office can record land records electronically? Did you know that the Town Clerk's Office has recorded 354 documents in 2016? If you want more information on how to record land records electronically, go to the Town's webpage at [www.easthamptonct.gov](http://www.easthamptonct.gov) and then go to the Town Clerk's Page and under the Land Records tab you will find information concerning electronic recordings at the bottom of the page.

Did you know that you can search the Town Clerk's land records online? Our records go back to the very first volume back in 1767. If you would like to search your title or view maps on file in our office you just need to visit our webpage. Copies of land records can be obtained through a subscription through our vendor. If you just want to see the index, there is no charge.

Did you know that you can renew your dog license online through the Town Clerk's online dog renewal program? You need to have a current rabies certificate and avoid the lines in June. Our program is under the Town Clerk's webpage under the online dog renewal program tab. Would you like to receive your dog renewal card via email? If so, please send me your email address at [swieleba@easthamptonct.gov](mailto:swieleba@easthamptonct.gov). This will ensure delivery of the license renewal card and save the town on postage.

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you desire!

# East Hampton Economic Development Commission

Our mission is: "To successfully attract new business, retain established business and improve the quality of life of East Hampton residents, visitors and tourists." We congratulate the following businesses, Lucky Goat Butcher Shop/ Deli and East Hampton Ace Hardware on being named "Belltown Spotlight on Business" monthly honorees. Please contact any member of the EDC or Town Manager Mike Maniscalco to nominate a business for this award. EDC members are Chairman Jack Solomon, Ted Turner, Kate Adams, Terry Sprankle, Erin Hall, Jim Monahan and Tim Csere.



EDC Business of the Month - Jim Gworek, owner of Lucky Goat Butcher Shop, receives his EDC Official Proclamation naming his business as Belltown Spotlight Business of the Month for October from EDC Member Kate

Adams. Standing from left to right is Jim Gworek and EDC Members Terry Sprankle, Kate Adams, Tim Csere, Jim Monahan and Ted Turner. The Lucky Goat Butcher Shop is located at 38 West High Street offering specialty meat, seafood and deli

products. The Lucky Goat offers an extensive variety of store made fresh and smoked sausages, including Hot Dogs, Polish Kielbasa, Chicken Sausages, Fresh Brats and much more! Call Jim at 860-365-5998, email Jim at jim@theluckygoat.comcastbiz.net or check out the website at www.theluckygoatbutchershop.com.



EDC Member Jim Monahan presents East Hampton Ace Hardware owner Bob Fearon and staff with the EDC Business of the Month Spotlight Award. Over the years Ace has grown from a 4,500 sq. ft store to an expansive 8,000 square ft adding

a dedicated paint department for residents and contractors. They have become one of the largest Benjamin Moore dealers in the state. Owner Bob Fearon credits store Manager Walter Hale and staff for receiving J.D Power's customer satisfaction awards for many years running. They have worked hard to develop a neighborhood friendly environment striving to meet the needs of our residents. Owner Bob Fearon appreciates the EDC recognizing East Hampton Ace Hardware with this award and recognizing them as a vital piece of fabric in our Belltown community. We know that our success is due to the loyal customer base that has supported us for the past 30 years. We thank you!

## East Hampton Town Directory

[www.easthamptonct.gov](http://www.easthamptonct.gov)

Animal Control (24 hour dispatch) .....	860-873-5044	Human Resources .....	860-267-4468
Assessor .....	860-267-2510	Parks & Recreation .....	860-267-7300
Board of Education .....	860-365-4000	Police Department (non-emergency) ...	860-267-9544
Building/Planning/Zoning .....	860-267-9601	Probate Court .....	860-295-6239
Chatham Health District .....	860-365-0884	Public Library .....	860-267-6621
Collector of Revenue.....	860-267-2300	Public Works.....	860-267-4747
Emergency Management.....	860-267-0088	Senior Center .....	860-267-4426
Finance Department .....	860-267-7548	Town Clerk .....	860-267-2519
Fire Marshal .....	860-267-0088	Town Manager.....	860-267-4468
Food Bank .....	860-365-5978	Water Pollution Control Authority ....	860-267-2536
Housing Authority .....	860-267-8498	Youth & Family/Social Services.....	860-267-7300

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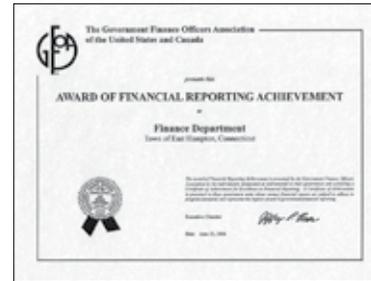
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## Finance Department

The mission of the Finance Department is to provide timely, accurate and relevant budgetary and financial information to our citizens, customers and various boards and assure compliance with established accounting standards. To maintain and control the general ledger, accounts payable and payroll while ensuring accountability and timely and accurate financial information. The department is committed to enhance services to our customers through innovative ideas and to think creatively on ways to operate more efficiently.

### FISCAL YEAR SUMMARY

The general fund ended the year with a net change in fund balance of (\$105,005). Since 2006 the general fund balance has increased by over \$1.3 million dollars. Fund balance represents 12% of Fiscal year 2016 budgeted expenditures. The general fund is the chief operating fund of the Town. At the end of the current fiscal year, unassigned fund balance of the general fund was \$4,959,395.



### GENERAL FUND BUDGETARY HIGHLIGHTS

The difference between the original budget and the final amended budget was \$306,000. The increase in budget is due to use for fund balance to fund \$250,000 of the costs relating to the regionalization of public safety dispatch services with the Town of Glastonbury. \$56,000 was also appropriated from fund balance and transferred to the Capital Reserve Fund to acquire property located at 2 Bevin Blvd. Town Council ultimately decided against the purchase and the funds were subsequently returned to the General Fund.

This year's tax collection rate was 98% which was equal to the budgeted estimate. Historically the Town collects almost 100% of the billed taxes within three years.



**The East Hampton**

**Rotary Club**

is sponsoring

***a Wine Tasting***

to benefit East Hampton High School

***Project Graduation***

on Friday, March 24, 2017 at 7:00 pm

at Angelico's Lake House

81 North Main Street, East Hampton

Brescome Barton will feature four wines which will be paired with hors d'oeuvres prepared by Angelico's own Chef Lucas Hinck.

*Chef Hinck was the recent winner of the Middlesex Chamber of Commerce's "Chopped" competition held on January 11th at Fire at the Ridge Restaurant at Powder Ridge in Middlefield, CT.*

Tickets are \$40 and are available at Angelico's Lake House, The Chatham Wine Thieve, and Center Package Store, or by emailing [easthamptonctrotary@gmail.com](mailto:easthamptonctrotary@gmail.com)

**VISIT  
East Hampton!**

[www.easthamptonct.gov](http://www.easthamptonct.gov)

# Public Works



Winter is definitely here at East Hampton Public Works. Traditionally, we identify the “winter season” as the period from November 15th to April 15th. The Department has fourteen (14) snow routes with fourteen (14) trucks and drivers. Road treatment materials are stock piled along with fuel and parts for

equipment. Currently, the Department has been called out twelve (12) times for various winter-related events. On December 1, the Department received a new truck which took the place of a twenty (20) year-old truck and earlier this year, the fire damaged truck was replaced with a new one that arrived in July.

Other activities involving the Department throughout the fall and early winter were leaf removal from Town properties, some patching, crack sealing (done by a contractor), and drainage on the Rails-to-Trails portion that begins behind Fire Company #1 and goes to Forest Street.

Also of note is the Christopher Brook culvert replacement project, which has now progressed to having both lanes of traffic open. The roadway will remain gravel throughout the winter season due to the closing of the asphalt plants. The Department and project contractor will try to keep the inconvenience to a minimum. Construction will be limited due to weather, but will still be ongoing; as the temporary pedestrian bridge has been removed, replaced by a temporary sidewalk. Also, a bypass pipe is slated to be removed.

Finally, the Department is looking ahead to spring and preparing equipment and schedules for that time period.

## Preventing Frozen Pipes

Being prepared and informed may help you to avoid the messy and often expensive issue of frozen pipes. The WPCA of East Hampton provides information and suggestions around how to prevent water pipes in the home from freezing, and how to thaw them if they do freeze.

### WHY PIPE FREEZING IS A PROBLEM

Water has a unique property in that it expands as it freezes. This expansion puts tremendous pressure on whatever is containing it, including metal or plastic pipes. No matter the “strength” of a container, expanding water can cause pipes to break. Pipes that freeze most frequently are those that are exposed to severe cold, like outdoor hose bibs, swimming pool supply lines, water sprinkler lines, and water supply pipes in unheated interior areas like basements and crawl spaces, attics, garages, or kitchen cabinets. Pipes that run against exterior walls that have little or no insulation are also subject to freezing.

### PREVENTING FROZEN PIPES

Before the onset of cold weather, prevent freezing of these water supply lines and pipes by following these recommendations:

- Remove, drain, and store hoses used outdoors. Close inside valves supplying outdoor hose bibs. Open the outside hose bibs to allow water to drain.

Continued on page 12



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East Hampton, CT Small Business Network

## Frozen Pipes... continued from page 11

the outside valve open so that any water remaining in the pipe can expand without causing the pipe to break.

- Check around the home for other areas where water supply lines are located in unheated areas. Look in the basement, crawl space, attic, garage, and under kitchen and bathroom cabinets. Both hot and cold water pipes in these areas should be insulated.
- Consider installing specific products made to insulate water pipes like a "pipe sleeve" or installing UL-listed "heat tape," "heat cable," or similar materials on exposed water pipes. Newspaper can provide some degree of insulation and protection to exposed pipes – even ¼" of newspaper can provide significant protection in areas that usually do not have frequent or prolonged temperatures below freezing.

### **DURING COLD WEATHER, TAKE PREVENTATIVE ACTION**

- Open kitchen and bathroom cabinet doors to allow warmer air to circulate around the plumbing.
- When the weather is very cold outside, let the cold water drip from the faucet served by exposed pipes. Running water through the pipe - even at a trickle - helps prevent pipes from freezing.
- Keep the thermostat set to the same temperature both during the day and at night. By temporarily suspending the use of lower nighttime temperatures, you may incur a higher heating bill, but you can prevent a much more costly repair job if pipes freeze and burst.
- If you will be going away during cold weather, leave the heat on in your home, set to a temperature no lower than 55° F.

### **TO THAW FROZEN PIPES**

- If you turn on a faucet and only a trickle comes out, suspect a frozen pipe. Likely places for frozen pipes include against exterior walls or where your water service enters your home through the foundation.
- Keep the faucet open. As you treat the frozen pipe and the frozen area begins to melt, water will begin to flow through the frozen area. Running water through the pipe will help melt ice in the pipe.
- Apply heat to the section of pipe using an electric heating pad wrapped around the pipe, an electric hair dryer, a portable space heater (kept away from flammable materials), or by wrapping pipes with towels soaked in hot water. Do not use a blowtorch, kerosene or propane heater, charcoal stove, or other open flame device.
- Apply heat until full water pressure is restored. If you are unable to locate the frozen area, if the frozen area is not accessible, or if you cannot thaw the pipe, call a licensed plumber.

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# SAFEGUARDING YOUR VISION

## There are many kinds of vision problems.

Some are serious; some are not. All cause some sort of eyestrain. Some can steal your vision.

With some, you can tell that something is wrong; with some, you can't.

That's why everyone should have an eye exam once a year.

Did you?



### TODAY'S TOPIC: What Do Eyeglasses Cost?

#### Eyeglasses are Prescription Medical Devices

That's why they are prescribed. That's why it takes a thorough eye examination to determine your refractive (optical) and binocular (stereoscopic eye aiming) status. If either one is not precisely custom calibrated for your exact needs during your exam, your eyeglasses will not be comfortable. They may feel like your eyes are crossing or pulling, you may see double or blurred; it may seem like the glasses will never adjust. That is NOT how custom prescription eyewear is supposed to work. The adjustment time for new glasses is measured in hours, not days. When you put on your new eyeglasses, your eyes should be relaxed and you should see perfectly clear at all distances. No strain. No double vision. No nausea. No pulling. No headaches. No excuses. Just clear, sharp, glare-free vision.

#### Ophthalmic Eyeglass Frames

Eyeglass frames come in every price range and quality. Very basic frames can cost \$39 or less at discount stores. We don't carry those as breakage tends to be a problem. Luxury designer frames can run into the many thousands of dollars. We stock durable designer eyeglass frames ranging from \$139 to \$399. Most come with a 2-year manufacturer's warranty included at no extra charge, which means that if a frame breaks, we will repair or replace it free for 2 years. Even the basic package value frames we carry come with a 1-year warranty. Most frames come in many sizes and colors to fit every face. The only way to find the correct fitting frame is to try it on.

#### Top-of-the Line Eyeglass Lenses

At the high end of the cost spectrum is a pair of the very best, custom, no-line progressive multifocal lenses with the widest distance, intermediate and reading areas and lowest distortion coefficients. These lenses are high-tech, computer designed from your prescription. The lenses are custom lathe-cut on both the front and back surfaces to optimize your vision. There is no lens grinding with these custom digital, high definition lenses. That technology went out with flip phones. These lenses include filters to absorb the dangerous wavelengths of light that can damage the retina leading to potential future macular degeneration. Smudge-proof, anti-reflection coatings are applied in high temperature, vacuum coating chambers to reduce glare, improve contrast and scratch resistance. Optionally, lenses could also be photochromic so they turn into sunglasses outdoors while remaining clear indoors. These extraordinary lenses can cost upwards of \$800 per pair. They come with a 2-year warranty and will give years of outstanding vision. And you still need a frame.

#### Eyeglass Lens Measurements and Materials

There are a lot of steps required to make a pair of eyeglasses and any one of them, if not accurately carried out, could cause your eyeglasses to underperform and you to be miserable. Our office has to take precise measurements of

the frame on your face and the distance between your pupils to ½ millimeter tolerances. The optical laboratory has to fabricate lenses to those exact dimensions. There are dozens of lens materials available and each has specific benefits and drawbacks. Some are thick; some are thin. Some are indestructible but scratch easily; some are difficult to scratch, but may be brittle. Some filter ultraviolet and other dangerous wavelengths while others filter nothing. There is a wide variation in the cost of appropriate lenses depending on the patient's needs.

#### Appropriate Lens Selection

Not everyone needs the top of line product. You may not need a thinner or lighter material for your particular prescription or a progressive multifocal lens. Regular bifocals have been around for years and are wonderful alternatives for individuals who don't spend much time on computers. If you are under 42-years old, single-vision lenses may be all you need. Those lenses can be ¼ the price of the luxury progressives. Our job is to find the perfect match for your visual needs and budget without compromising quality or sharpness.

#### Buyer Beware: All Glasses are NOT Created Equal

So if you see a "complete pair of eyeglasses" advertisement for \$99 or less, be vigilant; something was sacrificed. It might be poor precision tolerances of the lenses or their optics. It might be the frame strength, quality or warranty. Perhaps the frame is a "one size fits all" product. In the real world, there is no "one size fits all" eyeglass frame. Everyone's face is different. That's why we carry thousands of frames to choose from and to try on in our office. Online eyeglasses, which usually come direct from China, are even more risky. With no frame fitting, pre-adjusting or measurements, how can the prescription possibly work?

It only takes one error to reduce the effectiveness of your eyeglasses. With multiple errors, you will have major problems. Poor frame selections, frame adjustments, fitting measurements, inappropriate lens material selection, bad coating applications, sloppy verification and unwanted prism can seriously degrade the quality and comfort of your vision with the new eyeglasses. Hello headaches and eyestrain.

#### Palmer Eyecare Center - One-Stop Vision Care

We have been offering full-service vision care for over 70 years. We perform the comprehensive examination and coordinate the complete eyeglass frame and lens selection and laboratory fabrication of your eyeglasses at our office. If there is ever a question or concern, we are always here.

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# PARKS & RECREATION

## MISSION STATEMENT

The East Hampton Parks and Recreation Department is committed to providing innovative program opportunities and well-maintained facilities that enrich the East Hampton community.

## STAFF

Jeremy Hall, Director  
Shawn Mullen, Program Coordinator  
Sheri Yorker, Office Assistant  
Joshua Seymour, Parks Maintainer II  
Brian Miner, Parks Maintainer I

## ADVISORY BOARD MEMBERS

Deborah McKinney, Chairperson  
Tim Adams, Vice Chairperson  
Sheryl Dougherty  
Dick Edmonds  
Dan Reilly  
Daniel Roy  
Jessica Rurka

## CONTACT INFORMATION

### PARKS AND RECREATION DEPARTMENT

[www.easthamptonct.gov](http://www.easthamptonct.gov)  
tel: 860-267-7300  
fax: 860-267-7800  
Jeremy Hall: [jhall@easthamptonct.gov](mailto:jhall@easthamptonct.gov)  
Shawn Mullen: [smullen@easthamptonct.gov](mailto:smullen@easthamptonct.gov)  
Sheri Yorker: [syorker@easthamptonct.gov](mailto:syorker@easthamptonct.gov)

### Mailing Address

Parks and Recreation  
20 East High Street  
East Hampton, CT 06424

### Drop In Location

240 Middletown Avenue  
East Hampton, CT 06424

### Afternoon Adventures After-School Program

860-367-5429

### Sears Park Pavilion

860-267-7178

### Youth & Family Services

860-267-7300

## SEARS PARK

STICKERS: Residents/taxpayers of East Hampton can pick up their Sears Park stickers at the Parks and Recreation Department, the Public Library, and the Police Department during regular business hours. Vehicle stickers are also available online through

the town website. Online stickers will be mailed daily and a \$1 handling fee will be charged. You should receive them within 5 business days. The stickers will be available beginning in April. Bring your vehicle and boat registrations with you to get a sticker. Eligibility criteria is available at [www.easthamptonct.gov](http://www.easthamptonct.gov). Park attendants will be on duty in mid-May; Sears Park will then be open at 7:00 am and close at 8:30 pm.

FEES: Vehicle Stickers: Free, Boat Sticker: \$50\*

DAY PASSES AVAILABLE AT THE GATE AT NO CHARGE WITH PROOF OF RESIDENCY

\* THERE ARE NO DAY PASSES FOR CARS TOWING BOATS, OR FOR BOATS.

FACILITIES: All rental request forms are available online at [www.easthamptonct.gov](http://www.easthamptonct.gov).

PAVILION: Residents of East Hampton can rent the Pavilion for events for full or half-day rentals. The fees are \$75/half-day or \$125/full day. All reservations require a security deposit of \$125.

LION'S PICNIC SHELTER: Sears Park patrons may use this shelter when it is not reserved. Reservations are posted daily on the small kiosk next to the shelter with the specific reservations for that day. There is no cost to reserve the shelter; however, a completed reservation form is required.

## GOVERNOR WILLIAM A. O'NEILL PERFORMING

ARTS GAZEBO: The Gazebo can be used for small family oriented performances and programs such as small musical performances, magic shows, plays, variety groups, etc. Music concerts are restricted to acoustic, instrumental or small jazz venues. Weddings and other special celebrations will be considered. Venues are lawn seating. The gazebo will not be used for loud bands and or concerts. The fees are \$75 per day and a \$25 additional fee is added on if electrical or stage lighting is required. All reservations also require a \$125 security deposit.

## REQUENTLY REQUESTED INFORMATION

### EAST HAMPTON LITTLE LEAGUE

[www.easthamptonlittleleague.sportssignup.com](http://www.easthamptonlittleleague.sportssignup.com)  
For boys and girls ages 6 - 18 (by July 31 of the current year)

# PARKS & RECREATION

Registration takes place in January 2017  
Practices for the season begin in late March  
Opening day is in April  
Fall season begins in September and is open for children ages 8 years and up

## **EAST HAMPTON TRAVEL BASEBALL**

Tom Weyrauch - 860-881-7360

## **YOUTH FOOTBALL AND CHEERLEADING**

[www.ehyouthfootball.org](http://www.ehyouthfootball.org)  
For boys and girls ages 7 - 14  
email: [info@ehyouthfootball.org](mailto:info@ehyouthfootball.org)

## **EAST HAMPTON SOCCER CLUB TOWN RECREATIONAL LEAGUE**

[www.easthamptonsoccerclub.org](http://www.easthamptonsoccerclub.org)  
For boys and girls pre K-8  
Spring season is late March-June  
Registration for spring takes place in January  
Fall season is late August-October  
Registration for fall takes place in June

## **TRAVEL SOCCER**

[www.easthamptonsoccerclub.org](http://www.easthamptonsoccerclub.org)  
For boys and girls ages 8 - 18  
Email Soccer Club for tryout information

## **JOSEPH N. GOFF HOUSE**

Contact: Brian Lemire - 860-467-4001

## **EPOCH ARTS**

[www.epocharts.org](http://www.epocharts.org)  
email: [info@epocharts.org](mailto:info@epocharts.org)  
Contact: Elizabeth Namen 860-365-0337

## **REGISTRATION AND PROGRAM INFORMATION**

Program enrollments are accepted online at [www.easthamptonrec.com](http://www.easthamptonrec.com). Registration forms are available online at [www.easthamptonrec.com](http://www.easthamptonrec.com), at the Parks and Recreation office or in this magazine. All registration forms must include payment. Payment is required at the time of registration. All registrations are taken on a first come, first served basis. We accept MasterCard and Visa. Please make checks payable to East Hampton Parks and Recreation. Cash payments should be made in the office only. Please do not try to register or pay program instructors unless indicated.

Registration confirmations are available by e-mail if subscribed to on your main account page at [www.easthamptonct.gov](http://www.easthamptonct.gov). No other confirmations are provided; however, if you have registered with us and paid, you will be on the final roster.

If you are unable to attend a program you have registered for, contact us before the program begins and we will issue a refund to you. Our ability to refund money for trip cancellations depends on our contractual agreement with the travel companies.

In the event of inclement weather, all programs are cancelled if school is closed or has an early dismissal. Cancellation information is posted on WFSB Channel 3 Early Warning Network. Households who have subscribed to the online registration site's e-mail notifications will receive an e-mail regarding the cancellation.

Program times are subject to change based on enrollment numbers. Programs will be cancelled if the minimum enrollment number is not reached.

## **SCHOLARSHIPS**

Applications for reduced-tuition scholarships are available at the Parks and Recreation Office and online at [www.easthamptonct.gov](http://www.easthamptonct.gov). Our guidelines follow the Public School's income guidelines for free or reduced-price lunches. All information is strictly confidential.

A portion of your enrollment fee may be put into your Special Revenue Program account for the East Hampton Parks & Recreation Department to maintain or enhance this program or other programs. This fund is not associated with the General Fund of the Town of East Hampton.

## **SEAMSTER PARK PLAYGROUND**

### **Help support a Playground for the future!**

The Town of East Hampton Parks and Recreation Department is asking for your help to join in and raise funds for a new 14,000 sq. ft. playground. This playground will provide the same square footage as the old playground and offer more play structures that are ADA compliant and meet today's CPSI standards. We have partnered with the company Play By Designs to bring you a state-of-the-art, customized playground. Play by Design is a playground design firm that specializes in working with communities to design and provide safe, affordable, and unique volunteer-built playgrounds for children of all abilities.

**Continued on page 16**

The playground design was created from the imaginations of the children of our community. The designers of PBD put those ideas together to create something completely unique. There is no other playground exactly like this anywhere in the world. The challenging part is how to incorporate as many of those ideas while keeping the playground safe, challenging as well as aesthetic. All members of the design-and-build team are Certified Playground Safety Inspectors (CPSIs). They design according to the current ASTM and CPSC standards for playground safety, as well as the current ADA and ADAAG guidelines for accessibility. PBD have partnered with cutting-edge manufacturing companies where we can include of their equipment as well. Essentially, you get the best of both worlds; a good balance of custom design and manufactured components. The community built aspect of the process is priceless. It brings communities together for a common purpose-family. It leaves people with a sense of pride, accomplishment, and an incredibly aesthetic place to gather-a place that was designed by the children and built by the community.

Maintenance is another concern that is also important to discuss. You will find maintenance with any project, but our goal is to keep the maintenance down, starting at the beginning with the design (i.e., designing volunteer-friendly, detailed structures with high quality materials).

For more information on the process, to donate, or volunteer in the build please visit the Parks and Recreation website at [www.easthamptonrec.com](http://www.easthamptonrec.com) or call the office at 860-267-7300.

### **SEARS PARK SKATING RINK GRAND OPENING AND SEAMSTER PARK PLAYGROUND FUNDRAISER**

Join Sonar from the Hartford Wolf Pack at Sears Park on January 29th from 2:00 pm- 4:00 pm for the grand opening of our new skating rink! The Parks and Recreation Department also has tickets available for purchase to Parks and Recreation Night at the Wolf Pack game on February 4th. Proceeds from the event and ticket sales go toward the new Seamster Park Playground Project. Contact the Parks and Recreation Department or log onto [www.easthamptonrec.com](http://www.easthamptonrec.com) for more details.

### **AFTERNOON ADVENTURES – AFTER-SCHOOL PROGRAM**

Afternoon Adventures meets at Memorial Elementary School before and after school each day from 7:00 am - 8:30 am and 3:00 pm - 6:00 pm Students in grades K-5 can attend the program on a full time or part time basis. Registration is done on a monthly basis, either online or at the Parks and Recreation office. You must enroll for the whole month and may register for two days per week, three days per week, or full time. Your daily

schedule must be provided to the Parks and Recreation Office upon sign up (example: Tuesdays, Wednesdays, and Fridays.)

We emphasize healthy snacks, activities, and habits. Please send your child with a healthy snack each day. The children have time for play outside (weather permitting) every day or time in the gym. Everyone does homework or quiet reading; then they enjoy crafts, games, special guests and play with staff and their peers until pickup time. Care is provided on scheduled school half days from when school gets out until 6:00 pm for no additional charge.

Location: Memorial Elementary School, Cafeteria

Cost: Monthly Registration - Cost depends on number of days attending. Visit [www.easthamptonrec.com](http://www.easthamptonrec.com) for rates

Dates: Monday-Friday of school days - First day of school - last day of school

Times: 7:00 am - 8:30 am and 3:00 pm - 6:00 pm

### **AMERICAN RED CROSS ADULT AND CHILD CPR, AED AND BASIC FIRST AID CERTIFICATION**

#### **Ambulance Association Instructors**

This class teaches the skills for adult and child CPR as well as the use of an automatic external defibrillator (A.E.D.) and basic first aid. Participants must attend and pass both classes in the session to receive certifications.

Location: East Hampton Ambulance Association Headquarters, 4 Middletown Avenue, East Hampton

Cost: \$50 per class - resident / \$60 per class - non-resident

Dates:

Session I: Thursday and Friday, February 9 and 10

Session II: Thursday and Friday, March 9 and 10

Session III: Thursday and Friday, April 6 and 7

Times: 6:30 pm - 9:00 pm

### **SHORIN-RYU KARATE**

Ryan I. Santos 3rd Degree Black Belt (Sandan)

Shorin-Ryu Karate was developed in Okinawa, the birthplace of karate, and is considered to be a traditional form of Martial Arts. East Hampton Parks and Recreation Department has been offering the opportunity to study this art to its residents since 1993.

The program has been modified now and offers a beginners and intermediate class to children 7 years old and up, and is a year round program. Other than the monthly fee, there are NO additional charges for rank certification. Certification will be issued by Wil Santos, internationally licensed Master Instructor of Shorin-Ryu Karate and founder of the program.

Ryan I. Santos, son of Wil Santos, has been studying Shorin-Ryu Karate now for over two decades and holds the rank of Sandan

**Continued on page 18**

# Parks & Recreation

jhall@easthamptonct.gov  
 smullen@easthamptonct.gov  
 syorker@easthamptonct.gov  
 www.easthamptonct.gov



860-267-7300 (ofc); 860-267-7800 (fax)  
**MAILING ADDRESS:**  
 20 East High Street; East Hampton, CT 06424  
**DROP-IN LOCATION:**  
 240 Middletown Ave.; East Hampton, CT 06424

## Connecticut REGISTRATION FORM (for most recreation programs)

NAME ( & medical info* )	DATE OF BIRTH	GRADE	PROGRAM	SESSION #	DATE
1. _____					
2. _____					
3. _____					
4. _____					

\*medical info. (list allergies, medicines, conditions, etc.)

**CONTACT INFORMATION:**

HOME ADDRESS: \_\_\_\_\_ Home Phone #: \_\_\_\_\_  
 \_\_\_\_\_ E-mail Address: \_\_\_\_\_  
 \_\_\_\_\_

MOTHER'S NAME: \_\_\_\_\_ Mother's Employer: \_\_\_\_\_  
 Day/Cell Phone #: \_\_\_\_\_

FATHER'S NAME: \_\_\_\_\_ Father's Employer: \_\_\_\_\_  
 Day/Cell Phone #: \_\_\_\_\_

**ALTERNATE CONTACTS:**

Name/Relationship\*: \_\_\_\_\_ Address: \_\_\_\_\_  
 \_\_\_\_\_ Day/Cell Phone #: \_\_\_\_\_

Name/Relationship\*: \_\_\_\_\_ Address: \_\_\_\_\_  
 \_\_\_\_\_ Day/Cell Phone #: \_\_\_\_\_

Family Physician: \_\_\_\_\_ Office Phone #: \_\_\_\_\_

\*(must be able to pick up participant if necessary)

**Release:**

I understand that participation in this (these) program(s) involves risks of personal and bodily injury, including but not limited to paralysis, heart attack and death, as well as loss or damage to property. I realize that activities such as this may be inherently dangerous activities and my decision to participate in all such activities is made in full recognition of these risks and is entirely voluntary. In consideration of your acceptance of this application, I agree for myself, my heirs, successors, and assigns to hold harmless the Town of East Hampton, Connecticut, its affiliates, subsidiaries and any other entity associated with this (these) program(s), and each of their directors, officers, agents, representatives, employees, volunteers, successors and assigns from all liability on account of injury, loss claim, or damage to my body, health, wellbeing or property. I further authorize the personnel to act for me according to their best judgment in any emergency requiring medical attention. I understand that I am responsible for all financial liabilities arising from a situation involving medical treatment. I agree that the terms of this release is applicable to any and all of my dependents who take part in this (these) program(s).

**Signature: \_\_\_\_\_ Date: \_\_\_\_\_**



**PHOTOGRAPHS:**

...that are taken of participants in our programs may be used in our publicity (unless a participant, parent, or guardian indicates otherwise).

**HOW TO REGISTER:**  
 On-line registration, mail, fax, e-mail (as an attachment), or drop off.

**PAYMENT:**

Credit Card # \_\_\_\_\_ Expiration: \_\_\_\_\_

3 digit security code on back of card: \_\_\_\_\_ Check #: \_\_\_\_\_

(3rd degree Black Belt), and will guide participants in all aspects of this historic art of defense.

Registration is limited to 10 students per class.

Location: Center School Gym

Cost: \$40 per month

For: Boys and Girls ages 7 and up

Dates: Tuesdays, Starting September 6

Times:

Beginner Class: 5:00 pm - 6:00 pm

Intermediate Class: 6:30 pm - 7:30 pm

### **ADULT RECREATIONAL BASKETBALL**

Gregg Johnson and Mark Piscatelli

This program offers non-competitive recreational basketball for adults. You must be an East Hampton resident to participate.

Cost: \$50 for the full season or \$3 at the door

(19+ program only)

For: Adults age 19+

Dates: Monday and Thursday, October 17 - May 18

Times: 6:30 pm - 9:00 pm

Location: Adult age 19+: East Hampton Middle School

Adult age 35+: Center School Gym

### **ADULT CO-ED PICKUP SOCCER**

The Parks and Recreation Department is hosting a co-ed adult soccer program. Games are on Mondays from 6 pm - 7 pm at Sports on 66. Register for the 1st half of the program, second half of the program or both. Drop in play is also welcome at \$10 per week.

Location: Sports on 66

Cost: 1st half - \$60 / 2nd half - \$60 / All weeks - \$110 /

Drop in - \$10 per week

Dates: December 5 - February 27

Times: 6:00 pm - 7:00 pm

### **PICKUP HOCKEY GAMES**

Join us for pickup hockey games on our new skating rink! Options are available for most age groups and the games are co-ed. Helmets, mouth guards, gloves, skates and stick are mandatory for all participants. Shin protection is also recommended.

Location: Sears Park Skating Rink

Cost: \$5 per night

For: Ages 7+

Dates and Times: January 2 - February 24

Ages 11-14 - Monday nights 7:15 pm - 8:15 pm

Ages 7-10 - Wednesday nights 7:15 pm - 8:15 pm

Adults - Friday nights 7:15 pm - 8:15 pm

### **LEARN TO SKATE**

**Skye Dougherty**

Come on out and join us for group ice skating lessons. Students ages 5 and up will learn basic skills and the fundamentals of figure skating, as well as some fun tricks along the way. Agility, balance and coordination will be the main focus in lessons and will eventually allow skaters to develop a solid foundation to advance into other areas of skating such as ice hockey and figure skating. Groups will meet twice a week for a two week session. Skaters will be divided into groups by age and be given a one hour lesson followed by 30 minutes of free time to practice and have fun with friends.

Location: Sears Park Skating Rink

Cost: \$60 per session

For: Ages 5+

Dates: Monday and Wednesday

Times: 5:30 pm - 6:30 pm (lesson) 6:30 pm - 7:00 pm (free skate)

Session I: January 30 - February 8

Session II: February 14 - February 23

Times: 5:30 pm - 7:00 pm

### **SPRING EGG HUNT**

Join us for a spring egg hunt! Bring your child and their basket to Center School to hunt for hidden surprises and meet the Easter Bunny. Raffle prizes will also be part of this egg-cellent morning.

Location: Center School

For: Ages 4 - 10

Date: Saturday, April 15

Time: 10:00 am

### **JUNIOR BELLRINGERS RUN FOR FUN CHALLENGE**

This 5 week session will serve as an introduction to running tips and techniques as well as a fun way to get some exercise for participants from grades K-5. Kids should wear comfortable clothes, sneakers, and bring a water bottle. All participants will get running rewards as they progress. This program concludes with an entry for each participant in the Belltown Spring Sprint held on May 6th.

Location: East Hampton High School Track

Cost: \$35

For: Kids in grades K-5

Dates and Times: Tuesdays, April 4 - May 2 from 6:00 pm - 7:00 pm

### **BELLTOWN SPRING SPRINT**

This race hosted by EHHS Project Graduation is an official 5K Run/Walk around Lake Pocotopaug. Parking will be at East Hampton High School, and free shuttle buses will provide transportation to and from Sears Park. The last bus leaves at 9:30. There will also be a Kids Fun Run starting at 9:15 am in Sears

## Parks & Recreation

Park. Free T-shirts will be given to runners preregistered by April 19th. You can register online at <http://belltownspring-sprint5k.itsyourrace.com/>. Race information and updates will be posted to the Belltown Spring Sprint Facebook page. Project Graduation was initiated to provide each graduating class with a chemical-free graduation celebration. Please join us for a fun-filled race.

Location: Sears Park (Parking at East Hampton High School)

Dates and Times: Saturday, May 6

Kids Fun Run: 9:15 am

5K Race: 10:00 am

### APRIL VACATION ACTIVITIES FOR MIDDLE SCHOOL AGE KIDS

East Hampton Parks and Recreation is teaming up with a number of local businesses and organizations to offer a series of activities for the middle school age group over the April school vacation. Activities will run Monday - Thursday the week of April 10-13. Activities will be posted to the Parks and Recreation website ([www.easthamptonrec.com](http://www.easthamptonrec.com)) as soon as they are finalized. Stay tuned for more details.



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# East Hampton Public Schools



**EAST HAMPTON PLACED ON THE COLLEGE BOARD'S East Hampton Placed on the College Board's 7th Annual AP® District Honor Roll for Significant Gains in Student Access and Success**

For the third time in five years, East Hampton has received recognition from the College Board for their Advanced Placement Program. East Hampton is one of 433 school districts in the U.S. and Canada to be listed on the 7th Annual AP® District Honor Roll. Inclusion on the 7th Annual AP District Honor Roll is based on a review of three years of AP data, from 2014 to 2016, looking across 37 AP Exams, including world language and culture. To be included, East Hampton had to, since 2014, increase the number of students participating in Advanced Placement courses while also increasing or maintaining the percentage of students earning AP Exam scores of 3 or higher.

This past May when AP Exams were administered, there were 110 East Hampton High School students taking an AP Exam. Many of the students took two and sometimes three exams. During the review period for this honor roll, from 2014 to 2016, the number of exams administered in East Hampton increased from 143 exams taken in 2014 to 193 exams taken in 2016. The number of students with scores of 3 or higher also grew steadily going from 78 in 2014 to 94 in 2016. Tied to that, the number of AP Scholars in East Hampton rose 105%, going from 19 scholars in 2014 to 39 scholars in 2016. When asked about the growing trend of student participation in the program, Principal John Fidler stated, "We are extremely proud of the work our students

and faculty put forth in our Advanced Placement Program. Students give up some of their summer months completing readings and assignments to be ready for the accelerated pace of the program in the fall. Similarly, the faculty spends time making sure they are ready to hit the ground running on their first day back. From there the pace of instruction and student learning is relatively non-stop for the remainder of the year."

Superintendent of Schools, Paul K. Smith, acknowledges that the honor calls for a community celebration. "This award recognizes the efforts of our teachers from PreK-12, the hard work of our students, the dedication of parents, and the support of our taxpayers."

One of the key predictors of success at the post-secondary level is achieving success in an early college experience or Advanced Placement course while still in high school. East Hampton students have been afforded many opportunities to experience this success over the years and the school and district administration continues to work on expanding those opportunities. Helping more students learn at a higher level and earn higher AP scores is an objective of all members of the AP community, from AP teachers to district and school administrators to college professors. "Congratulations to all the teachers and administrators in this district who have worked so tirelessly to both expand access to AP and also to help students succeed on the AP Exams," said Trevor Packer, the College Board's head of AP and Instruction. "These teachers and administrators are delivering real opportunity in their schools and classrooms, and students are rising to the challenge." In East Hampton, we are already looking forward to the next challenge.

## East Hampton High School

### SEASONS OF GIVING AT EAST HAMPTON HIGH SCHOOL

There is no community service requirement at East Hampton High School but you would not know that given the level of involvement and effort the students put forth on a regular basis. Every month one of our classes, clubs, or individuals supports some area of need either locally or in a part of the world experiencing a hardship. No matter who is initiating the service effort or fund-raising drive, the students and faculty willingly rise to the occasion every time.

Our school year opened in September with our fifth annual participation in the East

Haddam/East Hampton Relay For Life. Over 50 students and staff participated this year raising close to \$10,000 for the American Cancer Society and helping to raise awareness for the race to find a cure for cancer. This year Interact Club advisor Kristen Keska put forth a challenge to complete a half-marathon by either walking or jogging the laps while participating in the event. Over 30 participants took Mrs. Keska up on the challenge and completed their half marathon during the event. One student, Jesse McGrath, completed a whole marathon.

In October, our third annual Manis-For-a-Cure event was held. This fundraiser was



created by students to raise money and heighten awareness for the fight against breast cancer. During the event, students, faculty and community members, came to the high school to get their nails painted and to purchase baked goods. Over the years many local businesses have donated

# East Hampton Public Schools

supplies and money, hundreds of people have come out to have their nails painted, and over 50 students have volunteered their time and services. Since its inception, the fundraiser has raised over two thousand dollars for the Connecticut Breast Health Initiative. This year's event raised \$1040.00 and was dedicated to the memory of Shelley Waterhouse, a parent who battled breast cancer for over 11 years. During November, one of the senior capstone projects focused on the devastation in Haiti that resulted from Hurricane Matthew. In conjunction with the French Club, Alicia Christensen organized a "Raise the Roof" project to help the orphanage HELO Haiti replace and repair roofs lost or damaged during the hurricane. Through the sale of paper shingles in a class competition, Alicia led the school to raise \$1144 to help the orphanage and to fund a donation to Roots of Development, another grass roots organization helping Haiti to rebuild. French and Spanish Clubs were also active during the month and sponsored a "World Culture Fest for Kids" raising \$800 to help rebuild a school in Jacmel, Haiti. Locally in November, our Business Club ran its annual food drive to benefit the East Hampton Food Bank. A list of the items most in demand was provided by the food bank and these nonperishable goods and toiletries were collected. The donations were dropped off at



the food bank just prior to the Thanksgiving holiday.

The Interact Club stepped up in December again to mobilize the entire faculty, staff, and student body in making the holidays brighter for 50 children from the Middletown area by sponsoring a holiday gift drive. Homerooms and staff combined their efforts to sponsor individual children by pitching in and purchasing toys, clothing, and gifts. In a similar fashion, students from the CT Youth Forum joined forces in Hartford and became "elves" for a day at a holiday party, escorting and assisting children as they went from face painting to cookie decorating to ornament making. The highlight of the party was their visit with Santa Claus where each of the children received a gift courtesy of Target. The Spanish Club also helped sponsor a third holiday event in December. Students brought gifts and baked goods and organized activities and crafts to make the holidays brighter for 30 children in the Hartford area. Money for the event was raised through a Penny War and the "Dress a Teacher Like an Elf" fundraiser.



Other events and service projects that routinely take place throughout the year include The National Honor Society's Senior Superheroes, Walleyball Tournament, and Variety/Talent Show, all of which raise money for Saint Vincent DePaul, the Connecticut Humane Society, Labs4Rescue, and the East Hampton Food Bank. Our Interact Club will add volunteer time at our senior center this year and raised \$500 for UNICEF in October coupled with \$1,000 raised for the food bank through donations for the Turkey Plunge in November. Finally, Ms. Seeley annually brings two busloads of students to volunteer at the Special Olympics held in New Haven each June. The compassion, empathy, and caring that students from East Hampton High School show on a routine basis throughout the year is unparalleled. Sometimes we wonder what a requirement for community service would bring, but then are quickly reminded that the spirit and intent of community service is already alive and well and thriving at East Hampton High School.

## EAST HAMPTON CITIZENS, WELCOME TO YOUR NEW HIGH SCHOOL!

The schools are not just for our children! East Hampton non-profit groups are urged to take advantage of East Hampton High School's newest spaces after school hours that feature accommodations and technology for meetings, trainings, and guest speakers. Please contact the high school at 860-365-4030.



The Auditorium is an appropriate venue for 200-500 people.



The T-Bell is a lecture hall appropriate for meetings and speakers and accommodates 20-60 people.



The Library offers flexible seating and spaces for meetings of 10-50 people.



The Team Room is a conference room that is well suited for groups of 4-12.

# East Hampton Public Schools

## East Hampton Middle School

### PANTHER FEST

By Angela M. and Danielle A.  
(Student Reporters)

Every year the East Hampton Middle School gathers together to celebrate our annual Panther Fest. In this gathering East Hampton and many other towns in the state come together to watch their teams compete in multiple cross-country and soccer events. This assembly takes place on the fields of East Hampton Middle School and spreads joy throughout the town. Panther Fest creates excitement throughout our school and when the final bell rings, everyone is beyond eager to participate in the action. Almost a thousand people come to experience an East Hampton tradition, whether part of the school system or not. This event brings our community together and has even been reported on the news and in the newspaper.

The Panther Fest has been going on for seventeen years and the event still continues to grow. The EHMS event has many

volunteers throughout the town, along with sponsors that make this celebration possible. Some of which include; Coca Cola, Stop and Shop, McDonald's, Pizzeria Davinci, Farrell's, Geenty, Sheeley, Boccalatte P.C., Lucky Goat Butcher Shop, Nelson Precision Drilling, East Hampton Volunteer Ambulance Association, and K Lamay's Steamed Cheeseburgers. East Hampton thanks these sponsors who make a dream like this become a reality. Panther Fest is an experience that every resident of East Hampton should join in on, so see you next year!

### "GOOD MORNING" EAST HAMPTON MIDDLE SCHOOL!

By Julien M. (Student Reporter)

Good Morning EHMS is a live morning news program at the Middle School. It's a group run almost entirely by students, with 2 advisers helping out whenever needed. Every morning, GMEHMS starts a broadcast at 7:50, playing music selected, downloaded and converted by students. At



8:05, the anchors show up on the screen and clearly and efficiently deliver news to the staff and students. GMEHMS is a combination of announcements and stories. We have live interviews, promotions for clubs, special segments on holidays and even a tour of the school.

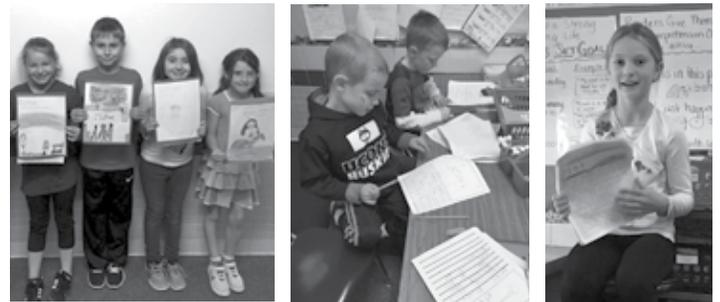
Our studio is an arsenal of high quality, professional television equipment including a green screen, 2 high definition cameras, a video mixer, a sound mixer, a teleprompter, lighting and clip on microphones. Each student in Good Morning EHMS is taught how to use the equipment correctly, and the role of the students in the broadcast cycles weekly.

## Memorial Elementary School

Visit Memorial Elementary School and you will notice student writing hanging in the hallways. Listen in on teachers' collaborative planning meeting and you will hear them discussing writing instruction. Observe a writing lesson and you will be amazed to see the writing being crafted by pre-K through 3 students participating in a Writing Workshop.

An important goal for student writers involved in a workshop approach is to develop and promote thoughtful independent writers. Therefore, students spend much of their time in classrooms putting pencil to paper, looking to their lives for inspiration and working through the writing process which includes drafting, revising, publishing and celebrating!

The writing workshop model is designed to promote real-life writing experiences for students. Daily writing instruction begins with a mini lesson that teaches students a new writing strategy or technique or craft. Teachers start with a model and often incorporate their own writing or a mentor text. During a mini-lesson teachers support students in creating a class chart with visual reminders of writing strategies for including dialogue, adding



elaborative detail or improving conventions. The chart is then displayed in the classroom and students get writing! During this independent writing or drafting time, students may also confer with the teacher or with peers to revise and improve their own work. Students often look for places in their writing where the mini lesson strategy can be applied. During independent writing time the teacher conferences with students individually or in small groups. These conferences allow the teacher not only to follow through on the mini-lesson, but also provide personalized attention or additional small group instruction. Teachers use this time as an opportunity to help students attempt other techniques and considerations. Personalized conferences not only support students in improving their individual pieces of writing as they

# East Hampton Public Schools

move through the writing process, they also support students in developing lifelong writing strategies. A group share at the end of the workshop provides students time to collaborate and express ideas with other writers in the class. After drafting several pieces and trying out various strategies during a unit of study, a student might polish a piece or two, a step that may include rewriting, typing or inserting detailed pictures, to make it as strong as possible.

During the school year students engage in instruction for narrative, informational and opinion writing. Regardless of the type of writing they do, students use their own experiences, interests and thoughts to create. Writers Workshop is grounded in authentic writing. Student writing includes more than journal or story writing. Students often create lists, write letters or compose all about or how to writing pieces.

## Center Elementary School

### INVENTION CONVENTION

February 1st was Center School's annual Invention Convention! Invention provides students with a unique means to discover new skill sets and creatively apply these in real-life settings while nurturing science, technology, engineering, and mathematics (STEM). The Center School Invention Convention enables students to research, analyze and effectively focus on and solve their real-life problems.

Center School 4th and 5th graders completed "Intent to Invent" forms in December describing their invention concept and demonstrating their commitment to see their idea through to the presentation level. Throughout January over fifty students arrived at Center School on Thursday mornings at 7:40AM to work on their inventions, develop their visual proposal of the invention, and to learn presentation skills and techniques. The commitment and dedication of our students throughout the design, development, and rehearsal process was inspiring! On Wednesday, February 1st all of our inventors displayed their inventions in the gymnasium for judging by members of the East Hampton Rotary Club – who also sponsor this annual event. Families and members of the Center School

community also attend to view the impressive inventions! Winners from Center School can move on to the regional Invention Convention, the state Invention Convention at UCONN, and even the national Invention Convention in Washington, DC. Center School is proud to have sent one of our inventors all the way to Washington in 2016. The annual convention process, specifically, the state Invention Convention at UCONN, gives many students and parents an introduction to careers in engineering with exhibits staffed by UConn's students and professors which showcase engineering subjects, including civil, mechanical and chemical engineering – helping students discover engineering and science as real possible careers, definitely within reach.

### CENTER SCHOOL PLAY



production process kicked off in January when students in both grades 4 and 5 auditioned before rehearsals got underway in February. Uncommon at the interme-

diating level, the Center School Play is a full musical production directed by East Hampton's own Jennica Serra. Center School teachers Jonathan Baine, Carmin Herron, and Mary Sawyer support the production process – from judging auditions to organizing the stage crew to supporting.

### WONDERING HOW YOU MIGHT SUPPORT A YOUNG WRITER? HERE ARE A FEW THINGS TO TRY:

- Encourage a child to carry a small notebook. Jot down details that make a great true story.
- Think of a feeling and list "small moment" stories pertaining to that feeling, choose one to write about.
- Diagram a place of memory and label the picture with words.
- Think about stories your family tells over and over. Write about it.

diating level, the Center School Play is a full musical production directed by East Hampton's own Jennica Serra. Center School teachers Jonathan Baine, Carmin Herron, and Mary Sawyer support the production process – from judging auditions to organizing the stage crew to supporting.

With over eighty students from across the school participating, the Center School Play is a huge event for our community and this year's production is guaranteed to be a crowd pleaser! The Music Man Kids is based on Meredith Wilson's six-time-Tony-Award-winning musical comedy. The production features some of musical theatre's most iconic songs and a story filled with wit and warmth. The Music Man Kids is family entertainment at its best – a fun and humorous show with musical numbers that will bring the crowd to its feet! All of our students have displayed tremendous dedication to the production attending rehearsals at least twice a week throughout February and March with a more intensive rehearsal schedule in April. In addition to performances for third graders at Memorial School and their own Center School classmates, there are two evening performances. The April 20th and 21st shows are open to the public. Join us for an exciting evening of musical theater!

# Officer Ringer Graduates with Honors



Officer Wilson and Officer Ringer's graduation photo

On August 12, 2016 the East Hampton Police Department took on its newest officer. K9 Officer Ringer has been assigned to work with and be cared for by Officer John Wilson, an eleven year veteran of the East Hampton Police Department and a USMC veteran.

On December 22, 2016 Officer Wilson and K9 Officer Ringer successfully completed their training at the Connecticut State Police Canine Training Academy in Meriden, CT. This intense sixteen week program trained the “dynamic duo” in tracking bad guys or missing persons, evidence recovery, handler protection, crowd control and building searches. “Advanced Training” or “Cross Training” (narcotics detection), occurs after K9 Officer Ringer and Officer Wilson have mastered their newly acquired skills.

During the graduation ceremony, Officer Wilson and K9 Officer Ringer, were presented with the Daniel “Danny” Wasson K-9 Memorial Award. This award is given in memory of Officer Danny Wasson of the

Milford Police Department who was killed in the line of duty. The award is voted on by all members of the graduating class as to which classmate best exemplifies Officer Wasson's motivation and enthusiasm in the field of K-9 training.

On December 27, 2016, Officer Ringer began his first day on patrol in a “retro-fitted” cruiser. This was thanks to a generous donation from the Cromwell Police, of a used (cruiser) kennel system, for a Ford Crown Victoria, they could no longer use. Officer Ringer has already responded to a (nighttime) burglary in progress and a motorist who fled the scene of a motor vehicle accident.

K9 Officer Ardo (Birth name), Ringer was born on February 17, 2015 in the Czech Republic. While his official title is Officer Ringer, his friends and family call him Ardo. While living in the Czech Republic he was raised with a family before he began his initial training. Officer Ringer was selected for his mild temperament and his seemingly inexhaustible work ethic with respect to searching and evidence recovery.

## New Technology at Middlesex Hospital

### ADVANCES CARDIAC AND VASCULAR CARE

Middlesex Hospital added a new Diagnostic and Interventional Suite into its existing cardiac catheterization laboratory in Middletown. The Suite is a “hybrid” mix of state-of-the-art equipment which performs delicate cardiac catheterizations, a variety of vascular imaging and interventional radiology procedures.

Diagnostic cardiac catheterization is the “gold standard” procedure for the diagnosis of coronary artery disease. Using new technology, the D&I Suite will diagnose and treat disease in various types of blood vessels, in a singular location.

The addition of the Suite's Intravascular Ultrasound (IVUS) technology will be of particular note. Intravascular ultrasound uses sound waves to see inside blood vessels. By placing a tiny ultrasound wand on the top of a catheter, physicians can view inside blood vessels in real time to identify blockages and ruptures. IVUS images can reveal

buildup of cholesterol or fat deposits (plaques) which are known to increase the risk of a heart attack or stroke.

IVUS has many clinical advantages, including reduced exposure to radiation; reduced use of contrast agents; superior placement of stents to keep blocked vessels open or to repair damaged vessels.

In September, during the ribbon-cutting ceremony for the new suite, Middlesex Hospital President and CEO, Vincent G. Capece, Jr. told those gathered, “I am proud to say that... the new Diagnostic and Interventional Suite is the direct result of the collaboration, hard work and guidance of many individuals here at the Hospital, who are dedicated to providing the safest, highest-quality health care, and best experience possible for our patients.”

For more information about Middlesex Hospital, go to [www.middlesexhospital.org](http://www.middlesexhospital.org).

# East Hampton Senior Center Transportation Services



Older Adults are often confronted with the decision whether they should continue to drive. It is a difficult decision to make, especially if you do not know what services are available. When you are making this decision, there are alternatives one may access regarding transportation. The Town of East Hampton does provide Dial-A-Ride transportation services to adults over age sixty through the Middletown Area Transit. One needs to complete an application, which is available at the Senior Center or on the MAT web-site:

[www.middletownareatransit.org](http://www.middletownareatransit.org). The cost per ride is \$3.00 (\$6.00/round trip).

The Senior Center also has regular recreational trips scheduled on a monthly basis. Shopping in Cromwell, Mystery Trips, Let's Do Lunch, and mall shopping to name a few! You must be registered at the Senior Center and sign-up for the trips in advance. There is no transportation fee, but a \$3.00 donation per trip is requested to cover unbudgeted expenses. We are very excited to offer Out-of-District medical rides to East Hampton Older Adult residents. You must be over age 60 and be registered with the Senior Center. At the present time the rides will be scheduled on Tuesdays as follows:

- 1st Tuesday: Glastonbury
- 2nd Tuesday: Hartford
- 3rd Tuesday: Colchester
- 4th Tuesday: Newington.

Rides will be assigned on a first come, first served basis. Please call the East Hampton Senior Center for more information and/or to request a ride. A \$3.00 donation for this ride is requested.

Driving is such an important factor in our independence. It is always a concern and challenge as we age and realize our limitations. Safety of yourself and others should be the guiding factor in making this decision. Although a difficult task, knowing there are alternatives available may help guide you in your decision making process.



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# Planning & Zoning Department



## ACCESSORY STRUCTURES – PERMANENT OR TEMPORARY?

As winter slowly turns to spring we'll all be thinking about getting outside and working in the yard. As we start to use more tools and machines for those spring and summer activities, the need for more storage always arises. There have been a number of questions about "temporary" structures and the zoning requirements in town. Many buildings that are used in the back yard are con-

sidered temporary by homeowners and retailers alike but in actuality remain in place year after year. "Temporary" buildings tend to include things like hoop houses, plastic or metal sheds from big box home improvement stores, or enclosures around cars and lawnmowers. All of these structures require Zoning Approval.

Please keep in mind that the East Hampton Zoning Regulations state that anything with a roof intended as shelter of any animal or equipment must be reviewed and approved by the Planning and Zoning Department before installation. Different sized buildings have different requirements.

The zoning review works for your benefit. We ensure that anything you

place in your yard will not negatively impact your well, septic system, or neighboring properties. Our review allows us to ensure that your new structure is in fact on your property and not too close to your neighbor. This also prevents the overcrowding of land and ensures proper stormwater infiltration. The regulation of the placement and size of buildings protects you and your neighbors' property values and ensures quality of life and creates an attractive place to live.

Please stop into the Planning and Zoning office before placing any structure, permanent or "temporary" on your property so that we can assist you with getting the extra storage space you need!

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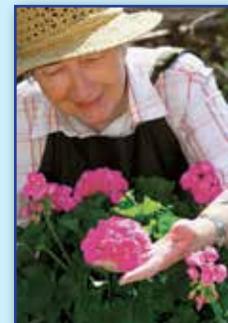
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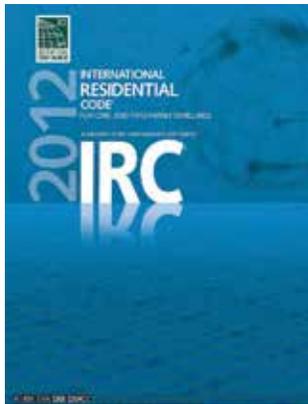
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## East Hampton Building Department



### NEW STATE BUILDING CODE

As of October 1, 2016, the State of Connecticut adopted a NEW Building Code. This is a great opportunity for us to inform you that all permitted work after October 1, 2016 is required to be compliant to the new code. We recommend you talk with your builder/remodeler to make sure they are aware of the new codes. The Building Department has donated a copy of the 2012 International Residential Code Book, which is part of the new state building code, to the East Hampton Library and this resource will be available for reference in late February.



### HOW TO HIRE A HOME IMPROVEMENT CONTRACTOR?

Thinking about remodeling your home or finishing a bonus room? Here are some things you should be aware of when hiring a home improvement contractor:

1. Make sure the contractor is registered with the Department of Consumer Protection.
2. Verify that the contractor has insurance.
3. Make sure the contractor is aware of the new code.
4. What to know about home improvement contracts.

For all this information and more, visit the Town website at [www.easthamptonct.gov](http://www.easthamptonct.gov) and click on the Building Department page, then "Events Magazine" link. This will provide you with additional information and helpful links. And as always, if you have any questions or concerns, please call the Building Department at 860-267-9601.

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## East Hampton Volunteer Fire Department Elects Officers for 2017

**THE EAST HAMPTON VOLUNTEER FIRE DEPARTMENT RECENTLY ELECTED DEPARTMENT AND COMPANY OFFICERS FOR 2017.**

In command at the Department level, Fire Chief Gregory Voelker and Deputy Fire Chief Bryan Bochinski were both re-elected to two year terms, and Assistant Fire Chief Marty Swan will complete the second year of his two-year term. Charlie Spakowski was re-elected as Fire Police Captain.

Elected to the Department's Executive Board for 2017 were Dan Burdick, Robb Rainville and Jim Burke from Company One; they will serve with Greg Stanhope, John Basso and Bill Field representing Company Two.

Re-elected to Department administrative positions are Marty Swan (Secretary-Treasurer) and Dan Burdick (Chief Engineer). Jim Burke was re-appointed by Chief Voelker as Public Information Officer and EMS Coordinator.

At the Company level, Line Officers for Company One (Barton Hill Road) are Captain Chris Lundquist and Lieutenants Ken Royce, Robb Rainville and Peter Freund.

Line Officers for Company Two (Cobalt) are Captain Marty Voelker and Lieutenants Kevin Scranton and Ken McGahee.

The Line Officers from Company One also have command responsibility for the Company Three firehouse on White Birch Road.

The East Hampton Volunteer Fire Department was founded in 1923 and remains, to this day, an all-volunteer organization providing emergency services around the clock to the Town of East Hampton and its surrounding communities. The Fire Department continually seeks new members for its active service as well as for its Junior Firefighter program. Equipment and training is provided by the Department for both programs. Further information on the opportunities provided by the Fire Department can be obtained by contacting Public Information Officer Jim Burke at 860-305-7892.

## East Hampton Volunteer Fire Department Community Outreach

Universally, when citizens think “fire department,” it is usually in the context of a response to some type of emergency situation that requires a bunch of people to show up in big red trucks with fancy flashing lights, wearing cool-looking suits and neat shiny helmets. Be it a structure fire, a motor vehicle accident, a medical issue or some other distressing predicament needing emergency services, the core mission of fire departments world-wide is to stand ready to serve and protect the people and property within their jurisdictions on a moment’s notice.

While the same mission statement is applicable in our town, the East Hampton Volunteer Fire Department also organizes and participates in a number of community outreach activities that provide firefighters with opportunities to engage with the public in non-emergency situations. These opportunities cover a wide spectrum and take advantage of the variety of skills and talents possessed by individual firefighters for the benefit of the community.

In the education arena, the EHVFD awards an annual scholarship to a deserving high school senior from town to further his or her education, regardless of the high school they may currently attend. This scholarship is funded primarily from donations received by the department in memory of deceased firefighters as well as other donation sources. The Fire Department also provides annual fire safety and education instruction to schoolchildren, with the Fire

Continued on page 30

*“Experience the Difference” at The Saybrook at Haddam.*



*Resident Doris Whitmore with daughter Beryl enjoying a cup of tea in the country kitchen.*

### Mom has Blossomed!

“Mom’s memory loss meant her way of life was changing, but we did not want her quality of life to change as well. We are so happy at how quickly she settled into her new home and routine at Safe Harbor Memory Care Neighborhood in The Saybrook at Haddam. **Safe Harbor offers:**

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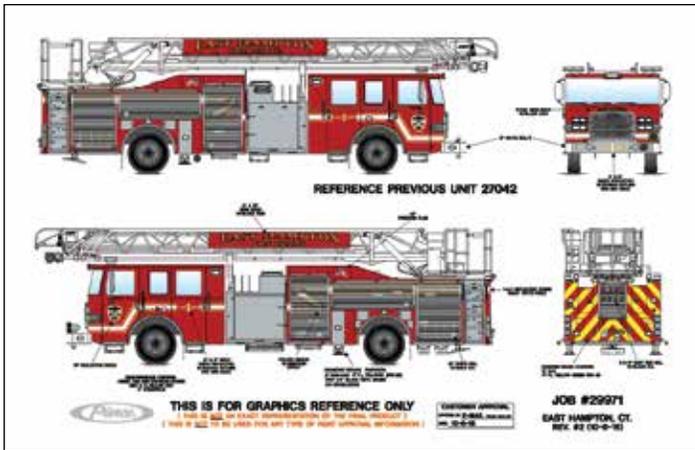
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Marshal handling the public schools, and volunteer firefighters visiting the numerous nursery schools and early learning centers.

The Fire Department also assists other town volunteer organizations in support of their community activities. For Kevin Reich's "Flags Over East Hampton" committee, EHVFD firefighters install, maintain and remove over 130 American flags that hang from utility poles in the central section of town. These flags, honoring our veterans and those currently serving in the military, are flown from just prior to Memorial Day until after Veteran's Day in November. For the Food Bank, EHVFD sponsors a "Stuff-A-Truck" event in mid-November to stock the Food Bank shelves prior to the holidays and provides the man-

power required to relocate the Food Bank's inventory to the town center's Congregational Church where Food Bank volunteers prepare food baskets for distribution to town residents in need. The EHVFD also supports the annual "Turkey Plunge" which benefits the Food Bank as well.

Working with the Parks and Recreation Department, the EHVFD participates in its summertime "Touch-A-Truck" event at Sears Park where smaller residents can see and learn about fire apparatus and equipment. Also at Sears Park, EHVFD personnel helped construct the newly-installed ice skating rink by pumping over six thousand gallons of water from the lake into the rink's structure.

In the "Just-For-Fun" category, Fire Department personnel participate in the ever-popular Boat Parade sponsored by the Friends of the Lake organization, install and remove the lights on the holiday tree in the center of town, organize and manage the Santa Runs, conduct a Halloween evening of tricks and treats and sponsor the spectacular fireworks show at the end of the summer.

The East Hampton Volunteer Fire Department is more than big red trucks, flashing lights and cool-looking suits. It is the group of people, past and present, dressed in those cool-looking suits that have demonstrated their total commitment to the safety, well-being and life-enrichment of the Town of East Hampton. It goes beyond 9-1-1.

## Some Seasonal Safety Tips from the Fire Marshal

As spring starts, the East Hampton Fire Marshal would like to remind you of some seasonal safety tips.

- **When you do your spring cleaning**, dispose of those old cans of paint and thinners and accumulated newspapers and magazines. Check local newspapers for times and locations to drop off household hazardous materials.
- **When you clean windows** check them for ease of opening as you may need them as a means of exit in case of fire.
- **Change Your Clock - Change Your Batteries.** Change the battery in your smoke alarms and perform maintenance such as cleaning and dusting as per manufacturer's instructions. Remember proper placement of smoke alarms, with at least one on every level. Review and practice your home escape plan. Inspect and clean dust from the covers of your carbon monoxide alarms too.
- **Replace or clean your furnace filter.** A dirty filter can lower the efficiency of the heating/cooling system, increase heating costs and cause fires.
- **Clean the kitchen exhaust hood and air filter.** Keeping this clean of cooking grease will help keep a stovetop fire from spreading.
- **Clean the clothes dryer exhaust duct, damper and space under the dryer.** Poor maintenance allows lint to build up in the exhaust duct and cause fire.
- **Replace all extension cords** that have become brittle, worn or damaged. Exposed wires may cause arcing, which will produce heat and can start a fire. Keep appliances and their power cords away from water or a heat source because this will damage the cord's insulation
- **When using ladders**, check for safe and proper placement. Be aware of any obstructions, overhead wires, electrical, cable, phone and tree branches.
- **Check cords and outlets** for fraying or exposed wiring on all electrically operated equipment.
- **On gas operated equipment**, check fuel lines and connectors for leaking fuel. Never use or store gasoline indoors.
- **Fill lawn mowers, motorbikes, and power saws outside** and only when the motor is cool. Store gasoline in a cool place away from the house in a detached garage or shed, and always in an approved safety can.
- **Keep gasoline and all flammable liquids away from children!**

## Sisters' Gift to Support Where We Live, Work and Play



Pictured are the late sisters Natalie Janvrin Wiggins (on left) and Mary Janvrin.

The Community Foundation of Middlesex County (CFMC) received an early 20th anniversary gift this year with news that the nonprofit organization will be the recipient of an \$8 million bequest from the trust of the late Mary Janvrin. Ms. Janvrin and her pre-deceased sister Natalie Janvrin Wiggins lived quiet lives in Old Lyme. They shared a life-long love of all nature, particularly birds, as well as the arts and history. Mary later

resided in Chester and continued to enjoy the beauty of the region until her passing in September 2016. At that time her trust set into motion the establishment of an \$8 million fund at CFMC, as well as an \$8 million fund at the Community Foundation of Eastern Connecticut (CFECT). The CFMC bequest will be used to establish the “Mary Janvrin and Natalie Janvrin Wiggins Fund for Birds, Other Animals, and Nature,” which will celebrate numerous and creative possibilities honoring the sisters’ passions.

To date, CFMC’s environmental grant making has supported many programs, whether it be ones that bring urban youth into the woods for the first time, or ones that help community coalitions organize to preserve their environment. The Community Foundation’s support for environmental efforts emphasizes the relationship between people and nature, with education and empowerment as a focus of its holistic approach to environmental work. CFMC President and CEO Cynthia Clegg commented, “It is indeed a great honor to be given the responsibility of ensuring that Mary’s and Natalie’s life passions are supported now and forever, and to be one of the chosen facilitators. We look forward to finding many ways to maximize the community impact of their profound legacy. What a wonderful gift to everyone in our region.”

### About Our Town of East Hampton

Our Town covers approximately 36 square miles, with a population of approximately 13,000 residents, with one of Connecticut’s largest inland water bodies, Lake Pocotopaug at 512 acres. State parks and forests surround us on our northern, southern and western borders, along with the famous Comstock Covered Bridge across the Salmon River.

In East Hampton you will find a community that supports a rural/suburban lifestyle that is family oriented supported by a quality school system, two public libraries, two history museums, local parks with varied recreational programming for all ages, and professional public safety agencies. Our Public Works Department maintains over 100 miles of local roads, six miles of sidewalks, seven cemeteries and numerous drainage structures.

East Hampton is very fortunate to have dedicated volunteers, officials, and employees who take great pride in the Town and the services we provide to sustain a quality of life that we feel is unmatched in New England.



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